Senior Resources Committee Minutes of the Monthly Meeting of the Committee April19, 2022 6:00 PM

Location of Meeting: Sunnycrest conference room 268 Mammoth Rd B Londonderry, New Hampshire 03053

Present at Meeting: Jim Green - Chair, Joe Green - Town Council liaison, Debbie Desrochers - Secretary, Lois Dziergowski, John Wilson, Sherry Farrell - Members Elizabeth Roberson

The regular meeting of the Committee of Senior Resources Committee was called to order at 6:00 PM on April 9, 2022 in conference room by Jim Green.

I. Approval of Agenda

The agenda for the meeting was distributed and unanimously approved.

II. Review of Previous Minutes

The minutes of the previous meeting were reviewed and unanimously approved.

III. Consideration of Open Issues

- Email issues: Deb contacted Kirby Brown about ongoing issue with logging onto Email accounts after last meeting. Kirby prepared information sheet for each committee member as to how to log into their account. Sherry handed out to each member.
- Liaison with other committees: Discussion as to the need for communication with other town committees and boards was discussed. It was decided that having SRC members attending multiple meetings and reporting back was not the best way. Instead we agreed that having a member of each committee and board that we feel the need to communicate our needs to coming to SRC meeting would be better. The liaisons for fire dept and police dept should also attend SRC meeting.
- Business Award: Jim updated committee as to how the application would work.

IV. Consideration of New Business

• Attending the meeting was Bonnie Ritvo President of the LSCI. She discussed what they do at the Senior Center. The membership fee is \$10 per year. They provide a lot for the Senior Center through fundraisers and volunteers. Some of these items are: purchasing supplies, snacks, tables and chairs, bingo items and lots more. Bonnie gave us a LOT of info that SRC members were not aware of.

- Jim spoke about AARP Roadmap to Livability books that are available. They are a fantastic guide to help SRC with executing our ideas and what we should be looking into for Londonderry seniors. This led to next topic.
- Housing and healthcare: Discussion began regarding how SRC can impact getting needed information to seniors. The library has presented information previously that should be redone.
- Helping seniors with everyday issues: Bonnie Ritvo discussed things that Community Caregivers does for free. Things like changing lightbulbs that are too high or finding help with home repairs.
- Establishment of SRC members and alternates: Sherry had info for required membership. There are 7 full members and 3 alternates. At this time SRC has 4 named full members: Jim, Lois, Sherry and Debbie and 1 alternate member: John. Sherry will discuss having John become full member and Elizabeth a full member. This will leave openings for 1 full member and 3 alternates. A post will be put on the website.
- AARP application for Projects and Guidance: Londonderry has applied but we are behind in progression.
- Joe suggested keeping conversations going regarding multiple topics but concentrate on two or three at a time that can be accomplished.

V. Agenda and Time of Next Meeting

The next meeting will be held at 6:00 PM on May17, 2022 at: Sunnycrest Conference Room 268 Mammoth Rd B Londonderry, New Hampshire 03053

The agenda for the next meeting is as follows: Jim Green will send agenda for next meeting.

The meeting was adjourned at 7:50 PM by Jim Green. Minutes submitted by: Deb Desrochers Minutes approved by: Committee