



# 2024 Spring & Summer Programs & Events



## **Londonderry Recreation**

### **Department**

Online Registration: [londonderrynh.myrec.com](http://londonderrynh.myrec.com)

Join our NEW! Facebook page: 

Hotline: 603-437-2675

Email: [dcole@londonderrynh.org](mailto:dcole@londonderrynh.org)

### **Office Location & Hours**

268B Mammoth Road, Londonderry, NH 03053

Sunday & Saturday: No Programming

Monday-Friday: 8:30AM-5:00PM

### **Meet Our Staff!**

Art Psaledas      Recreation Director

Doug Cole      Assistant Recreation Director

## **Recreation Commission**

William Manning, Chairman (Dec 2025)

Kevin Foley, Member (Dec 2025)

Ron Campo, Member (Dec 2025)

Todd Ellis, Member (Dec 2024)

Jim Loiselle, Member (Dec 2026)

Russ Greenwood, Alternate (Dec 2024)

Kristina Ciarametaro, Alternate (Dec 2026)

Ted Combes, Town Council Liaison



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# REGISTRATION INFORMATION

Registrations are now open for the Recreation Department's SPRING & SUMMER 2024 programs. Program start dates and locations are subject to change and should be verified during registration. Registration fees are due when enrolling.

**Registering:** In order to register for a recreational program listed in the SPRING & SUMMER Brochure, please use one of the two following options:

**Option 1:** Create an account on the NEW Online Registration page, [LONDONDERRYNH.MYREC.COM](http://LONDONDERRYNH.MYREC.COM). Credit card transaction fee of 3.49% applies to all registrations.

**Option 2:** Please fill out the [registration form \(click here\)](#) and submit payment via cash or check (payable to Town of Londonderry) to: *Londonderry Recreation Department, 268B Mammoth Road, Londonderry, NH 03053*

Forms and payments can be either mailed to the above address or dropped off in person to the Planning Department located on the 2<sup>nd</sup> Floor of Town Hall. Cash payments in person must be **EXACT CHANGE ONLY**. Registrations are accepted on a first come, first serve basis.

**Refund policy:** A full refund will be granted if a participant's space in a program can be filled or a program is cancelled by the Recreation Department. Refunds for payments made online will be for the program fee only and not include the 3.49% credit card fee on all transactions. A conflict with another sport/program does not constitute a refund. Players/participants sustaining a program ending injury before the end of a program will receive a pro-rated refund. A refund is not granted if a program is cancelled due to inclement weather. All refund requests should be sent via email to [recdept@londonderrynh.org](mailto:recdept@londonderrynh.org).

**Our Department is in constant communication with the Londonderry School District and will modify policies and procedures as needed while using their indoor space.**

## Teddy Bear Clinic



Saturday, February 17<sup>th</sup>, 2024

10:00-11:30am

LPD Community Room, 268 Mammoth Road

Bring your favorite stuffy for a check-up by our volunteer nurses! First aid will be provided to those animals that need it. The goal of this event is to reduce the fear and anxiety that comes with getting an annual check-up.



We will be joined by Londonderry Police & Fire. Refreshments (for humans!) will be available.

Register for FREE online at [londonderrynh.myrec.com](http://londonderrynh.myrec.com) or by emailing [dcole@londonderrynh.org](mailto:dcole@londonderrynh.org) with the number of participants.

## HIGHLIGHTED SPRING EVENT: FISHING DERBY

Londonderry Fish & Game is hosting their annual Fishing Derby on Sunday, May 5<sup>th</sup> from 8:00am-12:00pm for participants ages 14 & under. Prizes will be awarded to the varying age groups with food and beverage options available as well.



For more information on the event, please visit: [londonderryfishandgameclub.com](http://londonderryfishandgameclub.com)



# YOUTH PROGRAMS!



Dodgeball returns for our final program offering before the summer break with an 8-week session for participants in Grades K-8. Each week, we will play a variety of different games to get everyone moving around. **Parents vs. Kids** on final program date, May 31st.

DODGEBALL			
<b>Dates:</b>	Fridays, March 29th-May 31st *no program 4/26 or 5/3		
<b>Location:</b>	Matthew Thornton Elementary Gym		
<b>Grades:</b>	<b>Time:</b>	<b>Cost:</b>	<b>Deadline:</b>
K-1	4:15-4:45PM	\$27 Res, \$37 Non-Res	Mar. 27th
2-4	4:50-5:30PM	\$40 Res, \$50 Non-Res	Mar. 27th
5-8	5:35-6:15PM	\$40 Res, \$50 Non-Res	Mar. 27th

OUTDOOR GYM CLASS HEROES			
<b>Dates:</b>	Mondays, April 15th-May 20th (5 weeks) *no program 4/29		
<b>Location:</b>	South Elementary School Lower Field		
<b>Grades</b>	<b>Time:</b>	<b>Cost:</b>	<b>Deadline:</b>
K-3	5:30-6:15PM	\$25 Res, \$35 Non-Res	Apr. 10th
4-8	6:15-7:00PM	\$25 Res, \$35 Non-Res	Apr. 10th

This spring, the Gym Class Heroes program will be moving outdoors! Participants in Grades K-8 will be able to enjoy a variety of 'field sports' during this 5-week program, which include kickball, flag football, capture the flag, speedball, and MORE! There is no program during the school April vacation week.

\*sneakers required\*

Youth Tennis Lessons will take place beginning in April for a total of 8 weeks at the LAFA Tennis Courts. Please note the various skill levels with each age group upon registration. The program's instructor is Tim Newell, who is a lifelong tennis enthusiast and has been coaching since 2013. A more descriptive bio of Coach Tim's background can be found by clicking on the link below. **\*Tennis rackets are recommended but limited amount will be provided\***

YOUTH TENNIS LESSONS			
<b>Dates:</b>	Sundays, April 14th-June 16th *no lessons 4/28 or 5/26		
<b>Location:</b>	LAFA Tennis Courts	<b>Deadline:</b> Apr. 10th	
<b>Ages:</b>	<b>Skill Level:</b>	<b>Time:</b>	<b>Cost:</b>
5-7	Introductory	2:30-3:30PM	\$95 Res, \$105 Non-Res
8-11	Beginner	3:30-4:30PM	\$95 Res, \$105 Non-Res
12-17	Beginner	4:30-5:30PM	\$95 Res, \$105 Non-Res
12-17	Advanced	5:30-6:30PM	\$95 Res, \$105 Non-Res

[CLICK HERE TO LEARN MORE ABOUT THE TENNIS INSTRUCTOR, TIM NEWELL.](#)

INTRO TO TRACK			
<b>Dates:</b>	Registrations to open March 4th Beginning May 2024		
<b>Location:</b>	TBD		
<b>Ages:</b>	<b>Time:</b>	<b>Cost:</b>	<b>Deadline:</b>
5-8	TBD	\$35 Res, \$45 Non-Res	Apr. 30th

A 6-week Track and Field program will begin in May for ages 5-8 years old focusing on physical fitness, conditioning, and the early basics of the sport. Practices will be at the Londonderry High School Track and a mini-meet for all the participants will take place on the final day of program.

The goal of the Granite State Track & Field program is to provide a quality recreation program where children have fun and are introduced to physical fitness through basic track and field events such as running, jumping, and throwing. All athletes will practice once per week working on various events and fundamentals of the sport and have the opportunity to participate in the State Meet in June.

GRANITE STATE TRACK & FIELD			
<b>Dates:</b>	Registrations to open March 4th Beginning May 2024		
<b>Location:</b>	TBD		
<b>Ages:</b>	<b>Time:</b>	<b>Cost:</b>	<b>Deadline:</b>
9-14	TBD	\$40 Res, \$50 Non-Res	Apr. 30th

Is there a program or event that you would like to see listed? Email our department at [dcole@londonderrynh.org](mailto:dcole@londonderrynh.org) with your ideas and we will do our best to consider them in future program offerings!



# ADULT PROGRAMS!



Adult Pickleball will be available starting in February on Fridays in the Middle School Gymnasium. This program is opened to **RESIDENTS ONLY** and space will be limited (first come, first serve). Two (2) lesson times will be available with Instructional/Beginners taking place the first two hours each week followed by the Intermediate/Advanced portion the final two hours each week of program.

**\*Some equipment provided but in limited supply\***



## PICKLEBALL

<b>Cost:</b>	\$50/person RESIDENTS ONLY!		
<b>Location:</b>	Middle School Gymnasium *no program 3/1, 4/26, 5/10, 5/31		
<b>Skill Level:</b>	<b>Time:</b>	<b>Dates:</b>	
Instructional/Beginner	5:00-7:00PM	February 16th-March 15th	
	7:15-8:45PM	March 22nd-June 14th	
Intermediate/Advanced	7:00-9:00PM	February 16th-March 15th	
	8:45-10:30PM	March 22nd-June 14th	

## DANCE AEROBICS

<b>Dates:</b>	Wednesdays, April 3rd-June 5th (10 weeks)		
<b>Location:</b>	Londonderry Senior Center		
<b>Ages:</b>	<b>Time:</b>	<b>Cost:</b>	<b>Deadline:</b>
18+	6:00-7:00PM	\$50 Res, \$60 Non-Res	Apr. 1st

The 10-week Dance Aerobics program is a 1-hour class aimed at burning more calories through a regimen of both slow and fast-paced dance routines. The class will have a warm-up and cool down period as well. No experience needed!



CLICK HERE



CLICK HERE TO LEARN MORE ABOUT THE DANCE INSTRUCTOR, [MARIE CAMMARATA](#)

This 8-week Adult Tennis Lessons for Introductory or Beginner players will take place at the LAFA Tennis Courts. The lessons provide a basic understanding of fundamentals, skill development, and game play for participants newer to the sport. **\*Limited rackets will be provided\***

## ADULT TENNIS LESSONS

<b>Dates:</b>	Sundays, April 14th-June 16th *no lessons 4/28 or 5/26		
<b>Location:</b>	LAFA Tennis Courts		
<b>Ages:</b>	<b>Time:</b>	<b>Cost:</b>	<b>Deadline:</b>
18+	6:30-7:30PM	\$95 Res, \$105 Non-Res	Apr. 8th

## ADULT KICKBALL

<b>Dates:</b>	Fridays, April 19th-May 24th		
<b>Location:</b>	Matthew Thornton Athletic Field		
<b>Ages:</b>	<b>Time:</b>	<b>Cost:</b>	<b>Deadline:</b>
18+	6:30-7:30PM	\$24 Res, \$34 Non-Res	Apr. 12th

The Adult Kickball program will take place for 6 weeks at the Matthew Thornton Elementary School's athletic field. Each week, participants will be divided into teams with participants enjoying multiple games consisting of 9 innings each. All equipment will be provided. *Rain date: May 31st.*

The Londonderry Recreation Dept. is partnering with 22:6 Athletics, LLC\*\* (see below for more information on their organization) to offer a Co-Ed Adult Flag Football League. Games will take place on Saturdays beginning May 11th and ending with playoffs on June 29th. Rules and schedules will be available May 2nd. Team registrations recommended but a free agency option will also be available. Teams will consist of 6-8 people each. Non-residents limited to 12 total participants (includes a \$10/person additional fee).

## CO-ED ADULT FLAG FOOTBALL

<b>Dates:</b>	Saturdays, May 11th-June 29th		
<b>Location:</b>	Par 5 Athletic Field (click for map)		
<b>Ages:</b>	<b>Time:</b>	<b>Cost:</b>	<b>Deadline:</b>
18+	Game start times vary: 1:00pm, 2:00pm, or 3:00pm	Early Bird Pricing: \$99.00 before April 15th \$119.00 after April 16th	May 1st

CLICK HERE



**\*\*CLICK HERE TO LEARN MORE ABOUT THE [22:6 ATHLETICS, LLC FOOTBALL ORGANIZATION](#)**





# SUMMER CAMPS & MORE!



EARLY REGISTRATIONS OPEN FOR DAY CAMP AND THE **NEW** VOYAGER CAMP!  
INFORMATION AVAILABLE ABOUT UPCOMING OFFERINGS AS WELL.

## SUMMER PLAYGROUND PROGRAM

<b>Dates:</b>	Monday thru Friday, July 8th-August 9th (5 weeks)	
<b>Location:</b>	Matthew Thornton Elementary School	
<b>Times:</b>	Mornings 9:00AM-12:00PM, Afternoons 1:00-3:00PM	
<b>Ages:</b>	<b>One Time Registration Fee:</b>	<b>Deadline:</b>
5*-14	One child: \$50.00 Two children: \$60.00 Three or More children: \$70.00	July 5th

The Summer Playground Program is returning in July for those participants entering 1st grade this upcoming fall up to 14 years old. The children are afforded the opportunity to participate in games, sports, and arts and crafts with each day having a special theme. Children are grouped by age and by interest and are supervised in small groups by experienced staff members. Hours of the program are Monday through Friday from 9AM to noon and from 1 PM to 3 PM. Once registered, the children may attend as much or as little as they desire over the course of the camp.



*\*Participants must be entering 1st grade*



## VOYAGER CAMP



This summer, the **NEW** Voyager Camp will be offered to participants ages 11-15. The program is field-trip based with campers having the option to visit 2 to 3 locations each week, which includes hiking, deep sea fishing, amusement parks, and other adventure-based destinations! In addition to the registration fee, each trip will have it's own fee associated with it. The trip brochure will be available in March and participants can begin registering at that time. Camp begins June 26th through August 9th (brochure released in March). Space will be limited in the program!

<b>Program Days:</b>	Wednesdays, Thursdays, and Fridays		
<b>Location:</b>	Varies per trip *Trip Brochure Available in March		
<b>Ages:</b>	<b>Time:</b>	<b>Registration Fee*:</b>	<b>Deadline:</b>
11-15	Varies per trip	\$50/res, \$60/non-res	June 17th

*\*Trip fees are separate and in addition to the registration fee*

## UPCOMING SUMMER PROGRAM OPTIONS & EVENTS

Program/Event	Location	Days	Dates	Time
Youth Tennis Lessons	Lafa Tennis Courts	Thursdays & Fridays	June 27th-July 26th	4:00-8:00PM
Old Home Day-125th Anniversary!	Varying locations	Wednesday-Saturday	August 14th-17th	Varies per day
Leach Library Summer Reading	Leach Library	Daily	June-August	Varies per day
5-Week Flag Football Clinic	West Road	Wednesdays	July 17th-August 14th	5:30-7:00PM



### WE ARE HIRING!



Positions open for Site Directors and Camp Counselors. OPEN March 1st!

Application Online:

CLICK HERE

